



1007 N Orange St. 4th Floor Suite #3199,  
Wilmington, Delaware 19801, USA

# SCIENTIFIC PROGRAM



International Conference on

# MENTAL HEALTH AND HUMAN RESILIENCE

OCTOBER 21-22, 2024 | ROME ITALY

*Theme: Mindfulness in Action: Cultivating Holistic Wellness*

<https://mentalhealth.novelticsconferences.com/>

# SCIENTIFIC PROGRAM

DAY 1: OCTOBER 21, 2024 | MONDAY

Registration Desk Opens

Opening Ceremony & Inaugural Address

## KEYNOTE FORUM

**Ibrahim El Bayoumy**, *Tanta Faculty of Medicine, Egypt*

10:00-10:45

Title: Cognitive function deficits in type diabetes mellitus: An observational cross-sectional study

**Douglas Haldeman**, *National University, USA*

10:45-11:30

Title: LGBTQ Mental Health Issues Worldwide In 2024

## COFFEE BREAK | 11:30-11:45

**Gregory Goldenberg**, *New York Presbyterian Brooklyn Methodist Hospital, USA*

11:45- 12:30

Title: Low dose Gabapentin for Behavioral Symptoms in Dementia with Lewy Bodies. Case series, brief review of pharmacology and a hypothesis

**Sessions:** Mental Health and Well-being | Psychological Resilience | Prevention and Early Intervention | Mental Health Policy and Advocacy | Innovations in Research and Treatment | Human Resilience | Clinical Psychology | Child and Adolescent Psychiatry | Mental Health | Neuropsychiatric disorders | Psychological Disorders

**Session Chair:** Ibrahim El Bayoumy, Tanta Faculty of Medicine, Egypt

**Annina Böhm-Fischer**, *Alice-Salomon-University of Applied Science Berlin, Germany*

12:30-13:00

Title: Development and validation of a German questionnaire on sexual consent

## LUNCH BREAK | 13:00-14:00

**Luzi M. Beyer**, *Alice-Salomon-University of Applied Science Berlin, Germany*

14:00-14:30

Title: Multi Method for hard-to-reach: 8 easy language versions, read-aloud option and Kunin's faces scale

**Nitin Kalra**, *Logotherapist and Life Coach Dubai, UAE*

14:30-15:00

Title: Be Selfish: Understanding the Power of One's Own Self

**Takashi Shimada**, *Mikawa Hospital, Japan*

15:00-15:30

Title: Patients with anxiety, without anger: Psychotherapeutic approach

**Erez Shmueli**, *Tel-Aviv University, Israel*

15:30-16:00

Title: Social Media Impact and Smartwatch Monitoring: Prevalence and Predictors of PTSD and Anxiety Following Mass Traumatic Events

**Yoshino Murakami**, *Ritsumeikan University, Japan*

16:00-16:30

Title: An exploratory study: The psychophysiological factors related to both regular physical activity and eudaimonic well-being among young adults

**16:30-16:45 | COFFEE BREAK**

**Basma Diaeddin Sadek Abuhadr**, *Tokyo Medical and Dental University, Japan*

**16:45-17:15**

Title: The impact of parental depression on parenting practices in Libya cross sectional study

**Gladys Ogbonnaya**, *Coventry University, London*

**17:15-17:45**

Title: Neurological effects of Vitamin D Deficiency in people living in the United Kingdom

**Beena Narayan**, *B K Birla Institute of Higher Education, India*

**17:45-18:15**

Title: Mental stress: A beginning of alarm amongst Adolescent Girls in Jhunjhunu Rajasthan

**NETWORKING**

**END OF DAY 1**



**DAY 2: OCTOBER 22, 2024 | TUESDAY**

Registration Desk Opens

Opening Ceremony & Inaugural Address

**KEYNOTE FORUM**

**Mark Purcell**, *National University & California State University, USA*

**10:00-10:30**

Title: Teaching kids to pause, cope and connect: Lessons in mindfulness and social emotional learning

**Sessions:** Mental Health and Well-being | Psychological Resilience | Prevention and Early Intervention | Mental Health Policy and Advocacy | Innovations in Research and Treatment | Human Resilience | Clinical Psychology | Child and Adolescent Psychiatry | Mental Health | Neuropsychiatric disorders | Psychological Disorders

**Session Chair:** Ibrahim El Bayoumy, Tanta Faculty of Medicine, Egypt

**Brett Dellar**, *The moMENTum Revolution, Australia*

**10:30-11:00**

Title: The silent saboteur: Fear's hidden impact on mental & emotional well-being

**COFFEE BREAK | 11:00-11:15**

**Node Smith**, *TEAL Holistic - Integral Health Solutions, Canada*

**11:15-11:45**

Title: From thinking to experiencing: Sensory tracking as a single tool for cultivating resilience through emotional intelligence

**Node Smith**, *TEAL Holistic - Integral Health Solutions, Canada*

**11:45-12:15**

Title: Utilizing somatic therapies to inform basic skills for adult human development in an era of stress, anxiety and chaos

**Victoria Dekker**, *Psychedelics Today, USA*

**12:15-12:45**

Title: The necessity of training a competent psychedelic workforce



12:45- 13:45 | LUNCH BREAK

13:45-14:15 **Fahima Al Harthy**, *Royal Hospital, Oman*

Title: TBA

14:15-14:45 **Maria I. Dalamagka**, *General Hospital of Larisa, Greece*

Title: Autism and general anaesthesia for dental care

14:45-15:15 **W S El Masri**, *Keele University, UK*

Title: Acute traumatic spinal cord injuries: Spontaneous neurological recovery & value of the various methods of treatment of the injured spine

15:15-15:45 **Anat Scher**, *University of Haifa, Israel*

Title: Sleep and Screens Habits as a Window to Adolescents' Mental Health

POSTER SESSION @ MEETING ROOMS

PANEL DISCUSSION

Closing Ceremony

